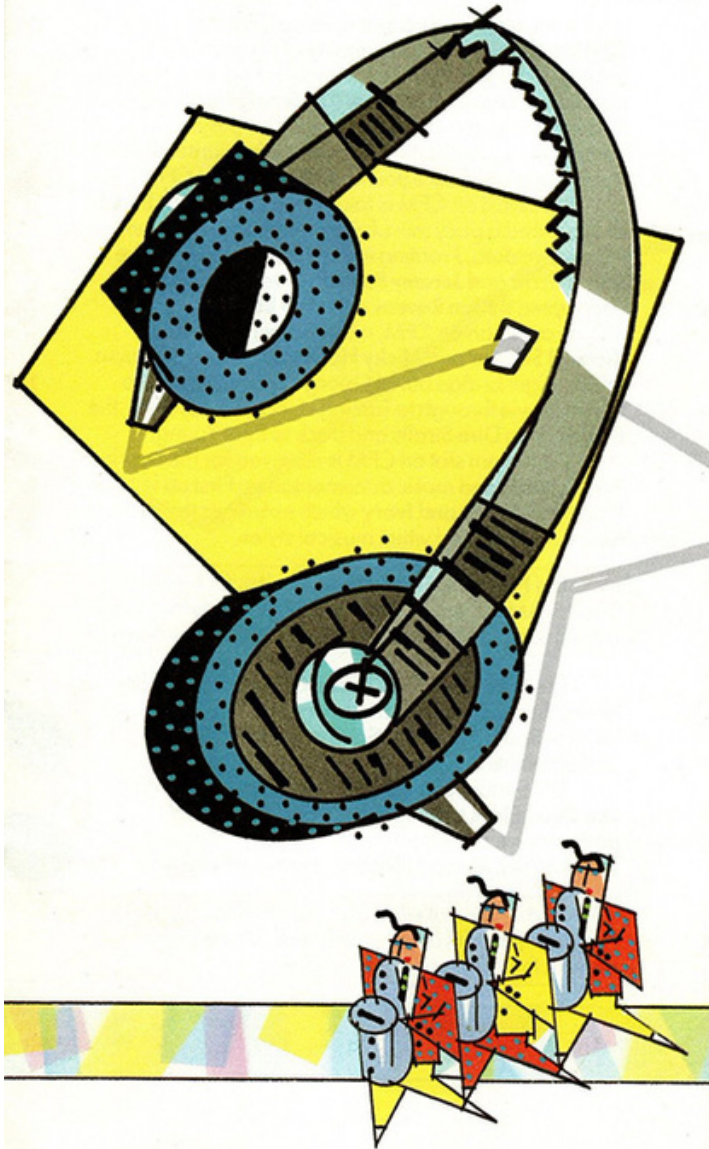


ON
SUNDAYS
YOU'LL WISH YOU HAD
A SPARE PAIR OF EARS



CAPITAL RADIO
1548 AM / 95.8 FM

CAPITAL RADIO-TWO TIMING

From May 4, Sundays on Capital are going to be different because we're going to have London hearing double. From that day, we will be doing the splits and for 10 hours each Sunday the programmes you hear on 95.8 FM will be totally different from those being broadcast on 1548 AM. On stereo CFM you'll hear the best in class contemporary music...

If there's one word that sums up CFM on Capital it's Quality. Quality of music, quality of recording and quality of presentation. We'll be selecting the greatest tracks ever laid down and we'll be letting the music shine through. If it's on compact disc, we'll be playing it on compact disc. And if it's your all-time favourite album track, the chances are you'll be hearing it on CFM.

Breakfast on CFM is taken with **The Brunch Bunch** at 10am and a pacy mix of music, comedy, comment, wit and wisdom. Fronting this moveable feast will be **Roger Scott** and **Jeremy Pascall**, aided, abetted and interrupted by **Jan Ravens** and **Paul Burnett**.

From noon on CFM, music is the message as **Richard Skinner** and **Nicky Horne** set a musical course which might bridge out of George Benson across to David Bowie through to Talking Heads, Don Henley, the Eagles on to Dire Straits and back to Paul Young.

The 4-5pm slot on CFM is reserved for the best in live concerts and music documentaries. First up is John Pidgeon's **Ebony and Ivory** which examines the fruitful fusion of black and white musical styles.

The **Network Chart Show** reunites CFM and Capital AM at 5pm when **David Jensen** presents the record survey that's a week more up to date than its rival.

That's followed by **Charlie Gillett** and **The City Beats**, the most eclectic two hours on radio that takes in South American Soca and African tribal and all points between.

The curtain comes down on CFM at 9pm when **The Wren Plays the Pops**. The Wren Orchestra performs well loved pieces from such composers as Tchaikovsky, Mozart, Bach and Rimsky Korsakov.

And at 10pm it's AM and FM together again for **Paul Gambaccini** and the **Network Album Show** playing the climbers, divers and new entries.

**CAPITAL
FM**

95.8

**THE BRUNCH
BUNCH**

**RICHARD SKINNER
WITH CFM MUSIC**

**NICKY HORNE
WITH CFM MUSIC**

EBONY & IVORY

THE NETWORK

THE CITY BEATS

**THE WREN
PLAYS THE POPS**

THE NETWORK

**CAPITAL
AM**

1548

**SACHS
ON SUNDAY**

**THE RICHARD
ALLINSON SHOW**

**THE JEFF
GRAHAM SHOW**

BUBBLING UNDER

CHART SHOW

**GARY CROWLEY
GCHQ**

SOUL CELLAR

ALBUM SHOW

10^{AM}

12^{PM}

2^{PM}

4^{PM}

5^{PM}

7^{PM}

9^{PM}

10^{PM}

...while over on AM you can hear all the things that have made Capital Radio London's favourite, including the very best offerings from the week's charts, oldies and new releases presented by good DJ's. That's all wrapped up in a fast-moving package of rapid-fire competitions, informed chat and all the latest news and views.

On Capital AM on Sundays we'll be giving you all the things that have been making Sundays special—only more so. You'll hear all your favourite DJs and masses of great chart music.

First up, it's time for Big John and a spot of **Sachs on Sunday** which means a whole heap of hits and some mind-bending competitions, plus a run-down of **The Hitline** of the week, the chart you compile. Vote for your favourite record on 01-388 7671-

Richard Allinson arrives for Sunday AM lunch with a show that looks set to become as much a part of London's Sunday as the roast joint.

Jeff Graham, Capital's newest recruit, presents a brand new Sunday show which is guaranteed to keep you from your afternoon zizz.

At 4pm **David 'Kid' Jensen** gazes into his crystal ball to predict next week's chart entries currently **Bubbling Under** the top thirty in The Network Chart.

Next up it's the **Network Chart Show** itself, the UK's 30 best-selling singles on Capital AM and FM and across the nation on 44 independent radio stations.

At 7pm be at your listening stations to eavesdrop on **GCHQ**, **Gary Crowley's** exciting new AM show. He'll be playing the best contemporary music, the hottest new releases and featuring the up-and-coming young bands playing live at Capital.

Then **Peter Young** descends to Capital's **Soul Cellar** to blow the dust off some of the meatiest vintage soul tracks on wax.

The **Network Album Show** joins the frequencies together again at 10pm with a brand new programme presented by **Paul Gambaccini**.



WIN A MIDI HI-FI SYSTEM

Once you've listened to stereo Capital CFM on Sundays you'll know all about the spine tingling reproduction offered by compact discs. Now Capital Radio and Dixons are giving you the chance to win a Philips FCD 562 Midi Hi-Fi system which includes a compact disc player with laser tracking, record deck, cassette deck, and three band stereo tuner to give you crystal clear Capital reception.

We're giving one away every week during the first twelve weeks of our split frequency broadcasting (May 11 - July 27), and to take part all you have to do is fill in the coupon below and return it to Capital.

All the prizes have been supplied by Dixons, the U.K.'s leading retailers of compact disc hi-fi. Call into any of their branches and you'll soon see how they're setting the pace with the very best in stereo sounds.

If you're one of the winners drawn out each Sunday, you'll hear your name on Capital CFM and the compact disc Midi System will be yours. Prizewinners will also be notified by post. So fill in the coupon below and prick up your ears for a prize that's even better than it sounds.

Fill in your name and address and post to:
CFM Competition, Capital Radio, PO Box 95.8, London NW1 3DR.

NAME _____

ADDRESS _____

Tel: Day _____ Tel: Eve. _____

One draw will be made each week - May 11 to July 27 -
so final date for receiving entries is July 25 1986.

CAPITAL RADIO - 24 HOURS A DAY

Capital Radio goes on being London's favourite, 24 hours a day, 365 days a year. Throughout the week on AM and FM you'll hear nothing but the best from reggae to rock from pop to punk and soca to soul.

For millions of Londoners the only way to start the day is with **Graham Dene's Breakfast Show** and the musical mix that puts snap, crackle and pop into the early morning. There are eye-opening competitions too, plus the latest local, national and international news and the most up-to-the-minute traffic reports in town from the jam-busting Flying Eye a thousand feet above the streets.

At **9am** Graham gives way to **David 'Kid' Jensen** and a selection of the finest music around, selected by one of the nation's most respected observers of the music scene.

As the clock approaches **11.30am** it's time to nail down all breakable objects as **Chris Tarrant** arrives to share his sandwiches. Music content is pitched high and the only predictable element is that nobody can predict what's likely to happen next.

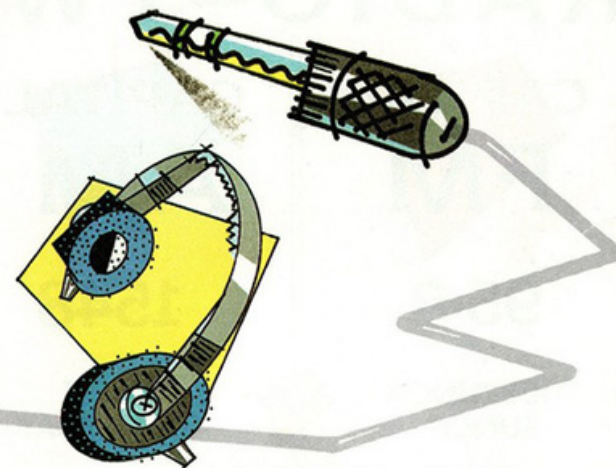
Roger Scott's on air from **1pm to 3pm** with classic tracks from the '60s and '70s together with the very best from the current playlist.

Next up at **3pm** it's **Sachs in the Afternoon** as Big **John Sachs** packs in the wax and keeps things distinctly on the soul side of the tracks. And each day he runs down the day's brand new Hitline - the records that have pulled London's vinyl votes over the past 24 hours.

Peter Young takes over the controls for the **5pm-7pm Drivetime Show**. He keeps the musical accelerator hard to the floor for the full two hours and has all the latest traffic and travel news to make the homeward slog a real pleasure.

Get bang up to date with all the latest world news with **The Way It Is** at **7pm**. **Sarah Ward** and **Matthew Bannister** lift the lid on all the day's big stories and speak to the people behind them for a fresh angle on the day's events.

After **The Way It Is**, it's back to the music, with the hardest rock and the heaviest metal on **Alan Freeman's Monday Rock Show**, and Tuesday to Friday new releases and today's hottest soul tracks with **Greg Edwards**. The super-sophisticated night sound of **Richard Allinson's Late Show** follows between **10pm and midnight**.



On the overnight shift it's **Mike Dickin** and **Midnight Special**, with music for the small hours and some highly stimulating phone-ins, keeping London wide awake till **4am** when **Phil Allen** entertains the capital's early birds.

The weekend starts in style with **Nicky Campbell's Breakfast Show** on Saturday and Sunday, then on Saturday at **9am Alan 'Fluff' Freeman** presents the double chart-checking **Pick Of The Pops - Take Two**, shoe-horning 30 records into the fastest two hours on radio.

More charts at **1pm** with **Paul Gambaccini** casting a critical eye across the Atlantic for **The American Chart Show** - the best-selling singles Stateside.

Mick Brown scores with fans of music and sport each Saturday afternoon between **3pm and 5pm**, with a stack of great tracks and the big local sports news as soon as it happens.

London's legions of Hip Hop fans tune to **Mike Allen** each Saturday night from **8pm** for the best and latest in Electro, Go-Go and Rap. Between **10pm and Midnight David 'Ram Jam' Rodigan** rocks the Towers with **Roots Rockers**, the very best reggae from the hottest dub plates to vintage ska and rock steady.

That's Capital Radio, non-stop music entertainment throughout the week - and twice as much on Sundays.

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